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NUR 167.01: Childbearing Family Needs

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The University Of Montana

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**THE UNIVERSITY OF MONTANA-MISSOULA
COLLEGE OF TECHNOLOGY
PRACTICAL NURSING DEPARTMENT**

COURSE SYLLABUS

Course Number and Title: NUR 167 Childbearing Family Needs

Date Revised: 08/2005

Semester Credits: 4 Credits

Contact Hours per Semester:

Lecture hours per week: 2

Clinical/Internship hours per week: 12 hours per week for 5 weeks.

Prerequisites: SCN 150 and NUR 152

Instructor Name: Debra Gilbert

E-Mail Address: Debra.Burleigh@mso.umt.edu

Phone Number: 396-5152.

Office Location: North Campus (Stranahan Building) Room 164.

Office Hours: By Appointment on Thursday

Course description:

Meeting basic human needs of the childbearing family unit by the continuous application of growth and development and communication theories within the framework of the nursing process. A supervised clinical laboratory experience is provided to help the student identify and meet the needs of the childbearing family in acute care and outpatient settings. Classroom and clinical lab components must be satisfactorily completed in order to pass this course.

Student Performance Outcomes:

Upon completion of this course, the student will be able to:

1. Discuss current trends and issues including ethical-legal and cultural needs related to maternal and childcare.
2. Describe, assess and recognize the normal anatomic and physiological changes during pregnancy as they relate to the childbearing process.
3. Identify the basic physical, emotional, and educational needs of the client and her family during each phase of the childbearing cycle.
4. Use the nursing process to describe the delivery of care to families who have basic common recurring needs and simple variations from normal health during the childbearing years.
5. Integrate self-awareness and communication concepts to provide effective caring and to promote understanding of basic needs of families and children from various cultural backgrounds.
6. Identify the role of the practical nurse as a member of the maternal/child health care team.

Student Performance Assessment Methods and Grading Procedures:

1. Written quiz (7)
2. Workbook assignments (6).
3. CD ROM assignments (2).
4. Mid-term and Final examinations.
5. Clinical logs for nursery, labor and delivery, post partum and preceptorship.
6. Instructor evaluation of supervised clinical practice.
7. Attendance.

Grading Scale:

90-100 = A

80-90 = B

70-80 = C

60-70 = D

Below 60 = F

Successful completion of this course requires a minimum of an 80 % (B). A student may only attempt this course twice, and if they are not successful, they will be removed from the program, and will be required to reapply for admittance. **Both the classroom and the clinical components of the course must be successfully completed in order to pass the class.**

Attendance Policy:

Regular attendance is expected and will be taken every class meeting. **Lack of attendance will adversely affect final grades.** A student may miss up to two class periods without penalty; the third and each absence thereafter will result in the loss of one full letter grade to the final course grade. Tests are to be taken on the day they are scheduled. An assignment that is more than 24 hours late, regardless of prior notification, will have a 20 % reduction to the final grade for the assignment. Absenteeism greater than one day in clinical will result in failure of the clinical portion of the class. **Grades for this class are not rounded up or down.**

Other Policies:

Please see the student handbook regarding cheating, cell phones, and pagers. The student will be held responsible for the information regarding these items in the handbook.

Here are some brief guidelines that will be strictly enforced:

1. Do not have them set on tone. Have them set on vibrate.
2. Leave the room quietly to take the message.
3. **Cell phones and pagers must be turned off during exams and during clinical.**

Required Text:

Leifer, G. (2003). *Introduction to Maternity and Pediatric Nursing*. (4th ed.). Philadelphia: Saunders.

McKinney, E.S., & Rosner, C. M. (2003). *The study guide to accompany Leifer: Introduction to Maternity and Pediatric Nursing*. (4th ed.). Philadelphia: Saunders.

Suggested Reference Materials:

Nursing Drug Handbook of choice.

Nursing Dictionary of choice.

Nursing Care Plan book of choice. (look for one that has all specialties.

Nursing diagnostic /lab book of choice.

One folder for assignments.

Supplies:

University of Montana-Missoula College of Technology nametag.

Uniform of the nursing program.

Stethoscope.

Watch with sweep second hand.

Duty Shoes

Coming to clinical without any of this constitutes being unprepared for the day and you will be sent home.

This counts as a missed clinical day.

Bring to clinical:

Prep work.

Clinical syllabus and related appendices.

Stethoscope, pen (black ink), and watch.

Appropriate dress code for clinical setting (please see Nursing Student Handbook).

If you come to clinical without any of these items, you will be considered not prepared for the clinical experience and will be sent home as a missed day.

Clinical Objectives

Central Objective:

At the completion of this course, the student will have had the opportunity to develop nursing abilities to meet the basic needs of the childbearing woman, and the normal newborn infant. The student will also work with the family units of these clients. The clinical experience is a coordinated learning experience organized around the nursing process framework. The clinical experience is correlated with information given in NUR 167 theory presentations.

Student Objectives:

1. Demonstrate basic nursing care for selected clients during each childbearing process:
 - a. Pregnant client and family.
 - b. Laboring client and family.
 - c. Postpartum client and family.
 - d. Normal newborn infant and family.
2. Demonstrate basic nursing care for selected clients experiencing alterations in bodily functions.
3. Develop effective interpersonal relationships with the family, and staff. By Using appropriate communications, confidentiality, and ethical-legal professional conduct.
4. Document nursing care given with appropriate charting methods utilized by the respective nursing units. Charting should use approved abbreviations and terminology, and adhering to ethical-legal protocol.
5. Demonstrate appropriate anticipatory guidance, based on growth and developmental assessment of selected clients from various cultural backgrounds, designed to promote optimal wellness.

Clinical Expectations:

Lab: There will be two lab simulation days to develop skills with the pregnant, postpartum, and newborn patient. These are held the first Thursday and Friday of your OB clinical rotation. Attendance at this skill lab is **mandatory**, as we will cover information vital to your clinical rotation at CMC and a postpartum assessment. **Be sure to bring your stethoscope, paper, a pen/pencil, and this handbook.** We will practice skills and assessments, review paperwork and view movies. **Clinical Documentation:**

Prep Work: Prep work is assigned for each in hospital rotation, which includes standing order meds, reading the chapter related to the experience, and reviewing folders on reserve in the library. Prep work for the out of hospital experience includes reading and a T/F test for the LPN scrub. All prep work should be brought to clinical and placed in the clinical sign in folder in the a.m. Failure to do this prep work is the easiest way to fail clinical. **DO YOUR PREP WORK AND BRING IT WITH YOU!!!!!!!!!!!!!!!!!!!!!!**

Written Work: Late written work will not be accepted. If the student is absent on the due date, arrangements with your buddy should be made to turn in your work. All written work will be done in standard size paper, preferably typed, double spaced, and printed on one side placed in the required folder. Papers torn from a spiral notebook, done in pencil, or containing grammatical errors are unacceptable. Using a computer would be very helpful in this instance to create the most polished piece of work. The assignments must be thorough and complete.

Clinical Logs: A clinical log must be completed following each in hospital rotation and is due by 12 noon the Tuesday following clinical. **Absolutely no late work will be accepted** without prior arrangements with the instructor. You must have a fellow classmate, family member or friend turn in this assignment if you are unable to do so. This amounts to three clinical logs and one out of hospital paper. Please bind them together in the required ongoing folder and place them in my assignment box. These are discussed and returned on Thursday during clinical. It is vital to incorporate written comments into your next log as you

are graded on improvement. These are graded pass/fail but are a required portion of your clinical. **You must pass all clinical logs in order to pass clinical** and are allowed one opportunity to repeat an assignment.

Use the following example as a format for your clinical log in postpartum, nursery, labor, and the delivery rotation.

- Patient History: Use a narrative summary (one paged typed) of your patient's history-highlighting social, pregnancy, and medical risk factors. It included a completed labor and delivery summary and obstetric admitting record. This requires scavenger hunting through the chart and prenatal record as well as interviewing your patient to collect this information.
- Assessment: (one to two pages typed)
 - a. A full review of systems including VS. This needs to be separated out into **Neurological, Respiratory, Cardiac, GI, GU (including I & O's), Integumentary, and Musculoskeletal**. You must have a minimum of 5 detailed assessments you preformed in each system. This would include objective and subjective information as well as patient response.
 - b. A area specific assessment:
 - 1. Postpartum – 9 point assessment (BUBBLEHEB)
 - 2. Nursery – Perform has to toe with instructor on newly delivered infant a place data into gathered into systems assessment.
 - 3. Labor & Delivery – Report stages and phases of labor throughout the clinical day (may include more than one patient.).
- Medications: Review all medications used such as name, dose, route, reason you believe patient is taking this med, labs you need to be aware of prior to giving this med, and nursing implications.
- Educational needs: 20 educational needs (one page typed) give a brief explanation of educational needs that you think your patient and family may need to know. There are 20 specific postpartum, nursery, and labor and delivery during the rotation.
- Nursing care and implications: (two pages typed). This is nursing care that you gave or observed your nurse (stated as an action) followed by rationale. You must answer the question – Why did I do this?? This is where you apply the nursing plan of care, and put together the big picture.
- Personal feelings: regarding the patient, your experience, family, staff, the care given to the patient, and how you responded to those feelings.

Out of hospital rotation(s):

Scrub, Lactation, and Office experience – (two typed pages) each one must discuss the experience. Include information about the experience such as:

- What you learned?
- What was taught to the patients?
- How did you observe staff working together?
- How did you work with staff?
- What went well?
- What would you change (if anything) if you were the nurse?

Skills List:

The skills list is to be completed during your clinical rotation. It is your responsibility to bring your course workbook to clinical and focus you experience and patient assignments based on your needed skills. **Mark each date you practice each skill. Skills will be reviewed at clinical conferences, midterm and final evaluation(s).**

Clinical Evaluations:

Following your seven-week clinical rotation, you need to schedule an appointment with me for your clinical evaluation. This appointment should be scheduled within two weeks of completion of clinical. Dates will be discussed at the final post conference. Some will be done during clinical if time allows. Midterm evaluations will be arranged on an individual basis, but only if there is concern regarding your clinical status.

Attendance/Participation:

You are expected to sign in daily for your attendance in the clinical area and turn in your prop work in the folder. Attendance in clinical is mandatory for all in hospital rotation as this is where the application of learning takes place. You must complete 2-12 hour rotations in postpartum, 1-12 hour rotation in nursery, and 1-12 rotation in labor and delivery to pass clinical. Absences due to illness will require a health care provider's note. Family emergencies will be handled in a case-by-case basis. In the event you miss one in hospital rotation day, clinical will have to be rescheduled. This may include rearranging your schedule or scheduling a makeup day with the instructor. In the event that two clinical days are missed in hospital, the student **will fail clinical. Please call your instructor at home before 0600. In addition, please notify the facility. Failure to comply will result in an unexcused absence and may result in failure of your clinical rotation. A tardy in any clinical site of more than 30 minutes constitutes an absence.** Extra credit in the form on 1 % of the total grade will be added to your final grade will be awarded to all students with perfect attendance in **all** OB clinical(s). This includes both in and out of hospital experiences.

Cell phones and pagers:

Guidelines for clinical:

- Cell phones are not allowed in the clinical setting.
- You may use a pager in clinical for emergency use only – please put on vibrate mode.

Clinical Policy:

Please keep in mind that we are guests in these facilities. They are not required to take students, but do this to provide students with an opportunity for a more complete learning experience. If you have questions about professional dress or behavior at the clinical site, please see your instructor or review your nursing student handbook. **Keep in mind the rules of confidentiality. I am very strict regarding this issue. The first time you breach this, you will be warned through a contract. The second time, you will not pass clinical. This is a serious issue and should not be taken lightly.** If you have a question, please see me. During your clinical, you may leave the floor for one 15-minute break. In addition we will be leaving the floor on Fridays from noon to 1:00 p.m. for post-conference. Make sure your breaks are timely. It would not be a good idea to go on break if you are in the nursery when a delivery is just about to happen in labor or your patient on postpartum is coming to the floor for recovery following delivery. Let your instructor or staff nurse know you will be off the floor. Call me in my beeper and leave a message with the extension you can be reached at and I will return the call, do not go to break in groups and you must touch base with me first.

You will arrive at most clinical settings without having discussed the material in lecture. Even though we will have not gone over the material; your syllabus contains the types of assessments, observations, procedures, and processes you will use in the clinical setting. **Review the unit in your syllabus and read the book before you arrive at the clinical site.** You are expected to be ready to perform assessments and interventions in each area. Plan on taking two patients your first week in postpartum and usually two to three the second week. Because of rapidly changing census and the “general” nature of the patients, assignments are made the morning of the first clinical day of the week. Your first week in postpartum you are required to be on the floor by 0630. I will make pre-conference rounds, and check in with all of you prior to 0700 regarding your assignment. Please report directly to the unit for which you are assigned. In the core nursery you will assist the core nurse with the care of all infants, procedures and exams, in addition to attending deliveries as an observer. In labor and delivery you are in an observational mode, but can do nursing tasks assigned to you by the primary RN. **Do not come to these clinical areas unprepared. Read the syllabus and your book to prepare. Be able to explain how to perform an assessment on your patients and answer questions related to your clinical setting. If you come to clinical unprepared, you will fail clinical. Which mean you would fail the course...**

Conduct/Behavior:

In addition, to the information provided in this syllabus, students are expected to read and adhere to the Nursing Student Handbook.

Students with disabilities:

Please notify the instructor at the beginning of the semester with your special needs. Students with disabilities will be accommodated provided they notify their instructor of the disability and are able to provide her with the proper documentation of that disability.

Chain of command:

Refer to the student handbook for the chain of command policy.

Final course and clinical objective(s):

At the completion of this course, the student will be able to use the nursing process to provide, the delivery of care to families who have common recurring needs and simple variations from normal health during the childbearing years.

Methods of instruction:

The main method of instruction will be through lecture in class and through application of the nursing process in the clinical setting(s). We will accomplish this by utilizing the Practical Nursing Program NUR 167 Clinical Evaluation Tool, written clinical logs, clinical skills assignments, tests, workbook assignments and various other forms of assessment.

Clinical Timeline:**If at Community Medical Center (CMC):**

Arrive no later than 0645 and go to the assigned floor to be ready for report at 0700.

The first day of your postpartum rotation you are expected to be in the floor by 0630.

Dress in your uniform while at any clinical setting. See Nursing Student Handbook for appropriate dress.

Wear your nametag and have it clearly displayed on the right side of your uniform top.

If you are in the nursery, be prepared for a full scrub.

Remember to bring all of the clinical paperwork that you need (you will be asked to show me your paperwork). Again if you do not have it with you will be sent home and it will count as a missed clinical day.

If you are in the community at large:

Wear uniform with nametag clearly displayed.

Bring appropriate accessories and paperwork.